

CAROLINA DANCE CENTER

Fall Spring Schedule 2022-2023 (Beginning November 1, 2022)

Monday						Tuesday						Wednesday						
Studio 1	Studio 2	Studio 3	Studio 4	Studio 5	Studio 6	Studio 1	Studio 2	Studio 3	Studio 4	Studio 5	Studio 6	Studio 1	Studio 2	Studio 3	Studio 4	Studio 5	Studio 6	
						Dance With Me (18 mos - 3 yrs) 9:30-10:15 Missy	Adult Fitness Danz Insanity 9:45-10:30 Blaire											
						JOY CLUB (3-5 yrs) 10:15-11:00 Missy												
						Hollywood Stars Jazz, Hip Hop, & Acro (3-4 yrs) 1:30-2:30 Missy												
	Power Co. SPIRIT A Jazz/Cont Choreo 4:15-5:00 Danielle							Hollywood Stars Jazz & Hip Hop (3-4 yrs) 3:45-4:30 Sara	JOY CLUB (ages 15+) 3:30-4:30 Missy			Broadway Kids Ballet & Tap (3-4 yrs) 3:30-4:15 Lindsay	Acro Advanced Teen 3:30-4:15 Danielle	Tap 1 (6-9 yrs) 4:15-5:00 Sara				
	Hip Hop Adv Beg 5:00-5:45 Danielle	Tap Int/Adv C 3:45-4:45 Carina (*)		Pre-Ballet (3-4 yrs) 4:00-4:45 Lindsay		Ballet 1 (6-9 yrs) 4:15-5:15 Jennifer	Jazz 2 4:15-5:15 Danielle	Tap Basics for Adv Dancers 12+ (no recital) 4:30-5:15 Sara	Junior CGE Company Class 4:30-5:15 Missy		Ballet Prep 2 4:15-5:15 Patty (*)	Ballet & Tap (5-7 yrs) 4:30-5:15 Missy NEW CLASS	Acro Int/Adv B 4:15-5:15 Danielle	Tap, Jazz, & Hip Hop (5-7 yrs) 5:00-6:00 Sara				Ballet Prep 4 4:15-5:15 Jennifer/Lindsay (*)
Ballet Int/Adv 4:30-5:30 Jennifer (*)	Ballet Prep 4 5:45-6:45 Adie (*)	Broadway Kids Ballet & Tap (3-4 yrs) 4:45-5:30 Missy	Jazz & Contemp Apprentice 4:15-5:30 Adie (*)	Pre-Ballet (5-6 yrs) 4:45-5:30 Lindsay	Ballet 1 (6-9 yrs) 4:30-5:30 Patty	Ballet 2 5:15-6:15 Jennifer	Acro Beg (6-10 yrs) 5:15-6:00 Danielle	Tap & Hip Hop (5-7 yrs) 5:15-6:00 Sara	Jazz & Contemp Prep 2 5:15-6:15 Missy (*)	Ballet Advanced 4:15-5:30 Lindsay (*)	Ballet Pre-Pro B&C 5:15-6:45 Patty (*)	Jazz & Contemp Int/Adv B 5:15-6:15 Missy (*)	Jazz & Contemp Int B 5:15-6:15 Danielle (*)	Jazz 1 (9-13 yrs) 6:00-6:45 Sara	Ballet Prep 3 4:15-5:15 Jennifer/Lindsay (*)	Ballet Int/Adv 4:15-5:15 Adie (*)	Ballet Pre-Pro A Pointe 5:15-6:15 Jennifer (*)	
Ballet Apprentice A 5:30-6:30 Jennifer (*)	Jazz & Contemp Int/Adv B 6:45-7:45 Danielle (*)	JOY CLUB (ages 6-10) 5:30-6:15 Missy	PBT Pre-Pro A, B and C 5:45-6:15 Kai	Ballet Apprentice B 5:30-6:30 Lindsay (*)	Ballet Prep 3 5:30-6:30 Patty (*)	Ballet Technique & Conditioning Ages 12+ 6:15-7:00 Kai (no recital)	Jazz 1 (6-9 yrs) 6:00-6:45 Danielle	Tap Intermediate 6:00-7:00 Carina	JOY CLUB (ages 11-14) 6:15-7:00 Missy	Ballet Apprentice A 5:30-6:45 Lindsay (*)	Hip Hop Pre-Pro 6:45-7:45 Jose (**)	Mini CGE Company Class 6:15-7:00 Missy	Jazz Int A 6:30-7:30 Danielle (*)	Hip Hop (8-12 yrs) 6:45-7:30 Staci	Ballet Pre-Pro B & C 5:30-7:00 Lindsay (*)	Ballet Advanced 5:30-7:00 Kimberlyn (*)	Ballet Apprentice B Pointe 6:15-7:15 Jennifer (*)	
Jazz & Contemp Int B 6:45-7:45 Missy (*)	Power Co. SPIRIT B Jazz/Cont Choreo 7:45-8:30 Danielle	Tap 2 6:15-7:00 Carina	Ballet Pre-Pro B&C (partnering 1st Mon of each month)	Ballet Pre-Pro A Pointe 6:30-7:45 Marin/Lauren	Ballet Advanced 6:30-7:45 Kai (*)	Hip Hop Intermediate 7:00-8:00 Sara	Acro Int/Adv A 6:45-7:45 Danielle	Tap Advanced 7:00-8:00 Carina (*)	Jazz & Contemp Apprentice 7:00-8:00 Missy (*)	Ballet Int 2 & 3 7:00-8:00 Kai (*)	Jazz & Contemp Advanced 7:45-8:45 Danielle (*)	Adult Ballet 7:00-8:15 Kimberlyn	Hip Hop Advanced Teen 7:30-8:30 Danielle/Angela	Power Co. SPIRIT A&B Hip Hop Choreo 7:30-8:15 Danielle/Angela	Jazz & Contemp Pre-Pro B&C 7:00-8:30 Missy (*)	Jazz & Contemp Pre-Pro A 7:00-8:30 Adie (*)	Hip Hop Int/Adv B 7:30-8:30 Staci	
Adult Fitness Danz Insanity 7:45-8:30 Cejae	Acro Beginner (ages 11+) 8:30-9:15 Danielle	Tap 1 (9-13 yrs) 7:00-7:45 Carina	Jazz & Contemp Pre-Pro B&C 7:45-9:15 Adie (*)	Jazz & Contemp Pre-Pro A 7:45-9:15 Missy (*)	Adult Fitness Pilates/Yoga Fusion 7:45-8:30 Kai	Jazz & Contemp Int/Adv A 8:00-9:00 Sara	Adult Fitness Core Flow to Yin 7:45-8:45 Kim	Tap Pre-Pro 8:00-9:00 Carina (*)		Ballet Pre-Pro A 8:00-9:15 Ruth	Power Co. FORCE Lyrical/Cont Choreo 8:45-9:30 Danielle **	Ballet Teen 8:15-9:15 Kimberlyn		Power Co. FORCE and ENERGY Hip Hop Choreo 8:30-9:15 Danielle	Senior CGE Company Class 8:30-9:15 Missy/Adie	Teen CGE Company Class 8:30-9:15 Missy/Adie	Adult Hip Hop 8:30-9:15 Staci	

(*) class meets multiple times per week and teacher recommendation is required

(**) by invitation only

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Thursday						Friday						Saturday								
Studio 1	Studio 2	Studio 3	Studio 4	Studio 5	Studio 6	Studio 1	Studio 2	Studio 3	Studio 4	Studio 5	Studio 6	Studio 1	Studio 2	Studio 3	Studio 4	Studio 5	Studio 6			
Dance With Me (18 mos - 3 yrs) 9:30-10:15 Missy												Broadway Kids Ballet, Tap & Jazz (3-4 yrs) 9:30-10:30 Ella	Hip Hop (6-9 yrs) 9:30-10:15 Sara		CDF Ballet Company Class A 9:30-10:45 Marin/Debbie	Birthday Parties and Events	Adult Fitness Danz Insanity 9:30-10:15 Dasha			
Creative Movement (2-3 Yrs) 10:15-11:00 Missy					Adult Fitness Guts and Glutes 11:30-12:15 Kim							Ballet 2 10:30-11:30 Ella	Ballet, Tap, & Jazz (5-7 yrs) 10:15-11:15 Sara		CDF Ballet Company Class C 10:45-12:15 Guests			CDF Ballet Company Class B 10:45-12:00 Marin/Debbie		
Broadway Kids Ballet & Tap (3-4 yrs) 11:00-11:45 Missy	Broadway Kids Ballet, Tap, & Jazz (3-4 yrs) 1:30-2:15 Staci		Homeschool Class Sessions 11:30-1:00 coming soon!		Adult Fitness Yoga 12:15-1:00 Kim							Creative Movement (2-3 yrs) 11:30-12:15 Ella	Hollywood Stars Tap & Jazz (3-4 yrs) 11:15-12:00 Sara							
													Pre-ballet (5-6 yrs) 12:00-12:45 Sara NEW CLASS							
Jazz & Hip Hop (5-7 yrs) 4:15-5:00 Sara	Acro Advanced 3:30-4:30 Danielle	Tap Pre-Pro 3:15-4:15 Carina/Ashley (*)						Hollywood Stars Jazz & Hip Hop (3-4 yrs) 3:45-4:30 Sara												
Pre-ballet (5-6 yrs) 5:00-5:45 Jennifer	Hip Hop (6-9 yrs) 4:30-5:15 Staci	Tap Int/Adv A 4:15-5:15 Carina		Jazz & Contemp Prep 2 4:30-5:30 Danielle (*)			Acro Int B 4:15-5:15 Danielle	Tap 2 4:30-5:30 Sara	Ballet Apprentice A 4:15-5:15 Patty (*)		Ballet Apprentice B 4:15-5:15 Ruth (*)								available between 10-8	
Ballet Prep 2 5:45-6:45 Jennifer (*)	Boys Hip Hop (ages 5-8) 5:15-6:00 Staci	Tap Advanced 5:15-6:15 Carina/Ashley (*)	Ballet Pre-Pro B&C 4:30-6:00 Ruth (*)	Jazz & Contemp Int/Adv Teen 5:30-6:30 Danielle	Ballet Pre-Pro A 4:30-6:00 Lindsay (*)	Broadway Kids Ballet & Tap (3-4 yrs) 5:15-6:00 Lily	Acro Int A 5:15-6:00 Danielle		Ballet Apprentice A&B Strengthening 5:15-5:45 Patty (*)											
Ballet 1 (10-13 yrs) 6:45-7:30 Ruth (*)	Adult Tap 6:15-7:15 Carina	Tap Int/Adv C 6:15-7:15 Sara (*)	Intro to Contemporary (ages 8-12) 6:15-7:00 Ashlyn	Power Co. ENERGY Lyrical & Cont Choreo 6:30-7:15 Danielle	Boys Hip Hop (ages 9-13 yrs) 6:00-6:45 Staci		Power Co. ENERGY Jazz Choreo 6:00-6:45 Danielle		Ballet 1 (6-9 yrs) 5:45-6:45 Patty											
Ballet Int 2 7:30-8:30 Ruth (*)	Hip Hop Int/Adv A 7:15-8:15 Sara	Tap Int/Adv B 7:15-8:15 Carina	Ballet Int 3 7:00-8:00 Lelia (*)	Jazz & Contemp Advanced 7:15-8:15 Danielle (*)			Acro Int/Adv A 6:45-7:45 Danielle													
	Hip Hop Teen 8:15-9:15 Sara			Power Co. FORCE Jazz Choreo 8:15-9:00 Danielle	Adult Fitness Danz Insanity 7:30-8:15 Dasha															

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