



# Carolina Dance Center's Covid-19 Health and Safety Protocol

Effective August 24<sup>th</sup>, 2020

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies have put in place recommended social distancing, occupancy restrictions and guidelines for businesses to follow.

Carolina Dance Center is committed to doing everything we possibly can to reduce the spread of COVID-19. The following are guidelines we are adopting based on recommendations from the Centers for Disease Control and the North Carolina Department of Health and Human Services. These guidelines/protocols may change as new recommendations and information become available. **Any changes or updates to this protocol will be communicated to parents via email and posted at [www.carolinadancecenter.com](http://www.carolinadancecenter.com).**

## Employee and Dancer Wellness Checks

Anyone showing the following signs of illness of any kind or who may have been exposed to Covid-19 should not be in the facility.

### Covid-19 Symptoms:

- Fever
- Cough
- Muscle pain
- Runny nose/congestion
- Shortness of breath or difficulty breathing
- Chills
- Fatigue
- Headache
- Sore throat
- Loss of taste or smell
- Nausea
- Diarrhea
- Vomiting

*\*\* Children may have milder symptoms*

Camp dancers, faculty/employees, and anyone entering the facility will be screened and have their temperature taken using a touch-free thermometer. If the temperature reading is 100 degrees Fahrenheit or above, the individual will not be admitted into the building.

Anyone entering the building should be prepared to answer the following screening questions:

- Do you, your dancer, or any member of your family have a fever 100 degrees Fahrenheit or above or signs of a fever such as flushed cheeks, fatigue, chills/shivering, sweating, achiness, headache, or not eating/drinking.
- Do you, your dancer, or any member of your household have any of the Covid-19 symptoms listed above?
- Have you, your dancer, or any member of your household been in contact with anyone who has tested positive for Covid-19 within the last 14 days?
- Carolina Dance Center staff will screen all teachers and dancers for symptoms of COVID-19 and take their temperature before they are allowed to enter the space. Screenings will be done each day. Any dancer or employee who exhibits symptoms of COVID-19 or has a fever of 100 degrees Fahrenheit or above, or answers YES to any of the screening questions will not be permitted inside the building.
- Parents will be contacted if a dancer displays any Covid-19 symptoms. Dancers will be isolated from the rest of the class and will need to be picked up immediately.
- **Face coverings are required at all times for employees, instructors, parents, and dancers (over age of 5).** Face coverings are encouraged but optional for dancers ages 5 and under. The nose and mouth must be fully covered. Masks with valves or vents, bandannas, and neck gaiters are not permitted. Face coverings are also required in the outside space surrounding the studio when social distancing isn't possible.
- Anyone who enters the building is required to wash or sanitize their hands upon entry.
- Any dancers who have symptoms and can't enter the space are welcome to make up missed classes on Zoom.

## Drop Off and Pick-Up Instructions

- Only dancers, employees and instructors are allowed into the building. **The lobby and all common areas are CLOSED.**
- Dancers may arrive 10 minutes prior to the start of class. Please remain in your car until a marked spot on the sidewalk is available. Parents who wish to wait in line with their dancer must wear a face covering. Please ensure dancers are ready for class upon entering the dance studio (dressing room is closed).
- **Designated Entry Points:**
  - Studio 1** – left set of front doors (line up to left of entry)
  - Studio 2 and 3** – right set of front doors (line up to right of entry)
  - Studio 4** – doorway between Studio 4 and 5 (line up to right of entry)

\*\*please check schedule for your dancer's assigned studio
- Dancers must remove their shoes before entering the studio space.

## On-site Precautions

- Each studio room has an assigned bathroom stall.
- Studio room floors and barres are marked with taped boundaries to maintain social distancing between dancers at all times.
- For camps that include arts and crafts, all supplies will be new and for individual use only. Dancers will bring home all supplies at the end of the week.
- All camp lunches and snacks must be brought from home. The kitchen area is closed, including the refrigerator and microwaves. Dancers will eat outside when possible and if not will be spaced out 6+ feet indoors.
- We have placed readily visible signage throughout the dance studio to remind everyone of appropriate hygiene practices and the social distancing rules.

## Minimizing Touched Surfaces

- All payments should be made through your JackRabbit Parent Portal. If you are not comfortable paying on the portal, please send an email to [carolinadancecenter@gmail.com](mailto:carolinadancecenter@gmail.com) and someone will be in touch to make alternative arrangements.
- The Covid-19 waiver will be signed online via JackRabbit when you enroll.
- Dancers should only bring essential items into the studio. One bag per student is allowed. The dressing room, benches, and lockers are closed and will only be used as an entry point for the restroom.
- Dancers are encouraged to use the restroom at home before coming to class. Restrooms are only available for enrolled dancers and instructors.
- The water fountains are closed. Dancers should bring ample water from home that is clearly marked with their name.
- Entry points, exits, and studio doors will be propped open to limit touching of surfaces.

## Increased Sanitation

- Bathrooms will be disinfected multiple times a day.
- Hand sanitizer (with at least 60% alcohol) will be placed at every entrance/exit and in every classroom. Dancers are encouraged to also have their own hand sanitizer in their dance bag.
- Carolina Dance Center will frequently clean and disinfect any regularly touched surfaces.
- Dance floors and barres will be disinfected between groups.

## Quarantine

If a dancer is required to self-quarantine, he or she can transfer to a comparable virtual class option. A refund will not be given. The dancer will be allowed to return to the on site class once released from the quarantine period.